

TAJIMA

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JITSU

CLUB EST 1980



# TAJIMA JU-JITSU CLUB (CHESTER)

## WHAT IS JU-JITSU?

Ju-jitsu is a martial art that was taught to the Samurai Warriors of ancient Japan. Its disciplines include military strategy, weapons and unarmed self defence. At the Tajima Ju-jitsu Club, our aim is to pursue the skills of this form of unarmed self defence, and apply its training to modern times.

## WHAT CAN THE CLUB OFFER YOU?

- Instruction by qualified Black Belts.
- The chance to build fitness, stamina, confidence and self-discipline in a friendly training environment.
- Help to set achievable goals and train at your own pace, in your own time (shift work etc, is not a problem).
- Grading taken when you reach the required standard, with no time limits between grades and no competition from others.
- A great social calendar throughout the year.
- New friends and experiences, and a real sense of camaraderie among fellow members.

All members insurance	£7.50 per person per year
Membership adult	£15.00 per adult per year
Membership juniors	£12.00 per junior per year
Family membership	£10.00 per person per year
All members grading	£10.00 per grading
Prices per lesson	£3.00 children £3.50 adult

## JUDOKWAI SPORTS & COMMUNITY CENTRE

(Old City Hospital)

Off Hoole Lane opposite school

Juniors (7+) Mon 7.00pm - 8.30pm  
Seniors Mon 8.30pm - 10.00pm

## CHRISTLETON SCOUT HUT

Whitchurch Road (A41)

Opposite The Harvester (old Trooper Inn)  
Juniors (7+) Thur 7.00pm - 8.30pm  
Seniors Thur 8.30pm - 10.00pm

For further information email your questions to [chesterjijitsu@hotmail.co.uk](mailto:chesterjijitsu@hotmail.co.uk)

**Pop into one of the above lessons to watch or chat with Brian Healey (Head Instructor) or any other members of the club.**

**Alternatively, visit our website at:**

**[chesterjijitsu.co.uk](http://chesterjijitsu.co.uk)**